



### MATERIALS PROVIDED

1 Sterile Urine Cup | 1 Urine Transport Tube | 1 Specimen Bag | Lab Pak Mailer

### PATIENT PROCEDURE

1. Wash hands thoroughly with warm water and soap.
2. Open the sterile cup without touching the rim or inner surface of the cup or lid.
  - a. Females: Holding the labia apart, collect first 15-25 ML urine into the provided sterile cup.
  - b. Males: Retract foreskin (if applicable), collect first 15-25 ML urine into the provided sterile cup.
3. Securely place cap on urine cup and give to clinical technician.

### CLINICAL TECHNICIAN PROCEDURE

1. Label the transport tube with two unique patient identifiers. Confirm identity with the patient.
2. Put on gloves.
3. Do not open urine cup.
4. Expose port access on urine cup and aspirate liquid into urine transport tube.
5. Place the urine transport tube into the provided specimen bag.
6. Remove gloves and perform hand hygiene.
7. Place all samples collected for the day into a provided Lab Pak mailer. Seal the mailer and place a shipping label on the outside.