# Gout (Aspirate & Tissue)

## **COLLECTION INSTRUCTIONS**

(HI-FR-0057) VERSION 1.0













#### **MATERIALS PROVIDED**

Pre-filled Saccomano's Fixative Solution Container | EDTA Lavender Container Biohazard Bag with Pocket & Absorbent Pad | Pretorian Specimen ID Adhesive Labels | Ice Packs

### **CLINICAL PROCEDURE**

- . Fill out (or print) a Pretorian Specimen Label with patient name, date of birth, and source site.
- 2. Wear appropriate PPE and follow all facility guidelines.

#### For aspirates suspected of containing gout (Synovial fluid & Ganglion Cyst):

- a. Peel and place the Pretorian sample label onto the EDTA (Lavender) container.
- b. Dispense aspirated fluid into EDTA (Lavender) container.
- c. Refrigerate sample immediately after collection, ship sample with frozen ice pack to maintain refrigeration.
- d. Submit refrigerated sample within 4 days of collection.

#### For soft tissue biopsies and excisions suspected of containing gout:

- a. Peel and place the Pretorian sample label onto the pre-filled **Saccomano's fixative solution container** (solution should be green, not clear).
- b. Place the tissue into the pre-filled **Saccomano's fixative solution container**.
- 3. Ensure container(s) have no leaks.
- 4. Verify that patient name, date of birth, and source site on requisition match those on the specimen container.
- 5. Place paper copies of face-sheets and requisitions into pouch on biohazard bag, place container into biohazard bag. Multiple containers from the same patient can be submitted in the same biohazard bag.
- 6. Place completed biohazard bag into provided laboratory box/pack for shipping/pickup.
- 7. Place frozen ice pack into container to maintain refrigeration (if aspirate).
- 8. Seal the mailer and place a shipping label on the outside.
- 9. Place laboratory box/pack in the designated area for shipping/pickup.
- 10. If shipping/pickup is needed and not already scheduled, please scan placard, or call the lab.